

NWA COPPA ITALIA

Villa Cortese (MI) · domenica 24 settembre 2023



io faccio sport con passione

Coppa Italia



ASD
CRONOMETRISTI
LECCHESI

Risultati - K5

Pos.	Nº	Cognome nome	Società	Per sesso	Per cat.	Giri	Tempo	Giro 1	Giro 2	Giro 3	Giro 4	Giro 5	Penalità	Distacco
1	322	RONCHI Mauro	ASD WALK AND FITNESS	1° M	1° M50	5	30:42.1	05:53.1	06:08.6	06:12.0	06:17.4	06:10.8		-
2	303	BARBIERI Alberto	LA FRATELLANZA 1874	2° M	1° M60	5	31:55.9	06:06.0	06:22.0	06:28.1	06:34.0	06:25.6		+1:13.8
3	318	PALUMBO Claudio	ASD NORDIC WALKING RIVOLI & VALSUSA	3° M	2° M50	5	32:25.0	06:10.8	06:31.9	06:35.6	06:39.0	06:27.4		+1:42.9
4	314	MENGA Mirella	LA FRATELLANZA 1874	1° F	1° F50	5	33:17.4	06:31.9	06:36.2	06:37.7	06:48.5	06:42.9		+2:35.3
5	325	SOCCINI Emanuele	ASD NORDIC WALKING COMO	4° M	2° M60	5	33:47.5	06:25.0	06:30.6	06:38.5	06:54.1	06:49.1	+0:30	+3:05.4
6	305	CARMASSI Angela	ASD WALK AND FITNESS	2° F	1° F40	5	33:48.5	06:32.2	06:43.4	06:50.8	07:02.2	06:39.7		+3:06.4
7	324	SANDIANO Sergio	OUTDOOR OLTREPÒ	5° M	3° M50	5	33:58.9	06:34.3	06:54.7	07:03.1	06:50.2	06:36.4		+3:16.8
8	311	FRANCESE Carlo	ASD NORDIC WALKING RIVOLI & VALSUSA	6° M	3° M60	5	34:04.4	06:40.5	06:51.1	06:59.2	07:02.4	06:31.0		+3:22.3
9	319	PIPITONE Vincenzo	ASD WALK AND FITNESS	7° M	1° M40	5	35:14.2	07:00.8	07:12.1	07:03.7	07:06.5	06:51.0		+4:32.1
10	307	CIREDDU Alessandro	NORDIC WALKING ALTOMILANESE	8° M	2° M40	5	35:17.1	06:57.8	07:00.2	07:08.1	07:11.1	06:59.7		+4:35.0
11	328	TURCONI Tang Min	NORDIC WALKING ALTOMILANESE	9° M	1° MJR	5	36:06.9	07:07.4	07:24.1	07:25.9	07:14.9	06:54.5		+5:24.8
12	313	GUERRINI Ermanno	NORDIC WALKING ALTOMILANESE	10° M	4° M50	5	36:11.9	07:05.7	07:15.6	07:17.7	07:25.9	07:06.9		+5:29.8
13	321	POZZI Giorgio	NORDIC WALKING ALTOMILANESE	11° M	4° M60	5	36:23.0	07:08.4	07:21.4	07:21.8	07:25.3	07:05.9		+5:40.9
14	302	ARGUINARIZ TORRES Andres Ricardo	ASD NORDIC WALKING RIVOLI & VALSUSA	12° M	5° M60	5	37:00.8	07:14.7	07:18.9	07:27.5	07:38.2	07:21.2		+6:18.7
15	309	FELICE Sebastiano	TEAM TRIANGOLO LARIANO LAGO DI COMO	13° M	3° M40	5	37:02.3	07:10.3	07:24.4	07:27.3	07:38.0	07:22.1		+6:20.2
16	308	DIACO Raffaele	NORDIC WALKING ALTOMILANESE	14° M	5° M50	5	38:18.8	07:17.9	07:48.6	07:45.8	07:48.7	07:37.7		+7:36.7
17	320	PIVA Isa	REFIT SRL SSD	3° F	2° F50	5	38:37.6	07:37.0	07:41.9	07:47.7	07:51.8	07:38.9		+7:55.5
18	315	MISTRONI Annunziata	ASD NORDIC WALKING RIVOLI & VALSUSA	4° F	3° F50	5	38:57.5	07:43.5	07:46.4	07:53.1	07:56.9	07:37.4		+8:15.4
19	317	PAGANI Luciana	NORDIC WALKING ALTOMILANESE	5° F	2° F40	5	39:40.3	07:35.4	07:54.9	07:59.6	08:10.2	07:59.9		+8:58.2
20	316	NASTASIA Rosetta	NORDIC WALKING ALTOMILANESE	6° F	1° F60	5	40:33.0	07:46.7	08:00.7	08:15.6	08:20.6	08:09.1		+9:50.9
21	306	CIANCARELLI Carlo	ASD NORDIC WALKING RIVOLI & VALSUSA	15° M	6° M50	5	41:24.3	08:01.1	08:10.9	08:30.0	08:32.3	08:09.9		+10:42.2
22	326	SONCIN Nerio	ASD NORDIC WALKING RIVOLI & VALSUSA	16° M	1° M70	5	41:45.2	08:24.3	08:07.7	08:21.0	08:27.9	07:54.1	+0:30	+11:03.1
23	327	TURCONI Mai	NORDIC WALKING ALTOMILANESE	7° F	1° FRAG	5	42:08.1	08:02.4	08:34.6	08:36.0	08:33.0	08:22.0		+11:26.0
24	304	CAPRARELLA Sara	ASD WALK AND FITNESS	8° F	3° F40	5	44:47.3	08:33.3	08:53.9	09:07.5	09:09.5	09:02.9		+14:05.2
25	312	GIARDINI Raimondo	NORDIC WALKING ALTOMILANESE	17° M	7° M50	5	44:48.3	08:48.9	08:57.6	08:53.2	09:06.5	09:01.9		+14:06.2
26	310	FERVORINI Alessandra	NORDIC WALKING ALTOMILANESE	9° F	4° F50	5	45:36.8	08:38.3	09:01.3	09:16.8	09:26.1	09:14.1		+14:54.7
27	323	ROSSETTI Roberta	NORDIC WALKING ALTOMILANESE	10° F	4° F40	5	48:01.1	09:07.8	09:34.8	09:50.5	09:51.4	09:36.5		+17:19.0